

Year 3 and 4: Relationships

Subject Specific Vocabulary

Friendship	A person whom you know well and like and who likes you. This makes you friends.
Support	Helping and taking care of someone.
Wellbeing	Feeling healthy, happy and comfortable.
Communicate	To share information with others by speaking, writing, moving your body or other signals.
Lonely	Feeling alone.
Excluded	Feeling left out.
Argument	A discussion by two or more people who disagree
Solution	Solving a problem.

How can we be a good friend?



What I will learn by the end of this topic:

- How friendships support wellbeing and the importance of seeking support if lonely or excluded
- How to recognise if others feel lonely and excluded and ways to include them
- How to build good friendships and understand qualities that contribute to positive friendships
- That friendships sometimes have difficulties and how to manage when there is a problem
- How to recognise if a friendship is making me unhappy, uncomfortable or unsafe and how to ask for support

Linking Books



Previous Learning

- I know it is important to tell someone (such as a teacher) if something about my family makes me feel unhappy or worried
- I know I am similar or different to others, and what we have in common